

On the last Tuesday of every month Prairie Ridge Health hosts an all-day walk-in mammogram clinic. From 7 a.m. – 5 p.m., anyone can walk into our main hospital and receive a screening mammogram.

Please bring the following with you:

- Your health insurance card
- The name of the facility where you had your last mammogram
- The name of your primary care provider (for notification results)

Walk-In mammogram days are for screening mammograms only. If you have a doctor referral for a mammogram due to a concern regarding your breast health or do not meet one of the qualifications on this page, please call 920-623-6466 so that we may address your care concerns.

Our mammography program is MQSA-ACR certified. Tomosynthesis (3D) Mammography is available at Prairie Ridge Health. We offer a comprehensive mammography program including screening and diagnostic mammograms, breast ultrasounds, and mammography and ultrasound guided biopsies.

# WALK-IN MAMMOGRAMS

7 a.m. to 5 p.m.  
**TUESDAYS**

**AUGUST 29**

**SEPTEMBER 26**

**OCTOBER - Every Tuesday**

No appointment or referral is necessary.

**\*Must be 40 years of age or older  
and have not had a mammogram in the past 12 months.**

**If you are experiencing concerns, please contact your physician or primary care provider.**

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If you no longer wish to receive this publication please respond to [pwalker@PrairieRidge.Health](mailto:pwalker@PrairieRidge.Health) or 920.623.1280.

ATTENTION! If you speak English, language assistance services, free of charge, are available to you. Call 855-863-3450.

ATENCIÓN! si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Llame al 855-863-3450

LUS CEEV! Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj.

Hu rau 855-863-3450



**Carina Price, RN  
Occupational Health Coordinator  
BLS and Heartsaver Instructor**

## Placing lifesaving skills in the hands of a community's workforce

According to a 2022 report from the American Heart Association, in the United States, someone has a heart attack every 40 seconds. The Occupational Health team at Prairie Ridge Health works with area companies and businesses to put Basic Life Support (BLS) skills in the hands of workers and give heart episode victims a chance at survival.

"Part of the importance of the training is so the workers know where the first aid supplies and AED (Automatic Electronic Defibrillator) equipment is located in their department or building and review what is in the kit," said Carina Price, RN, Occupational Health Coordinator, BLS and Heartsaver Instructor.

Onsite group training sessions are held with up to eight individuals in the class per American Heart Association guidelines. Each training takes anywhere from two to four hours and includes first aid, CPR and AED training.

"The class goes over treating cuts, burns, low blood sugar, and responding to heart attacks and strokes. It includes hands-on training, video training and sharing of experiences by others in the class," explained Price. "Some companies have a first, second and third shift, so we run multiple classes for them and mold it to whatever they prefer, focusing on the topics that are pertinent to their business or company."

In the summer of 2021, when COVID restrictions began to lift, Price and her fellow instructor, Faith Porter, Occupational Health RN, BLS and Heartsaver Instructor, went back to training onsite in the businesses. "For many of these companies, they had no outsiders in their buildings for a year," explained Porter in describing the 12-month hold the program experienced beginning in March of 2020.

"In the spring of 2022, we taught a Heartsaver CPR, First Aid and AED course at a local company," said Porter. "Two days after we were there, a man goes down at work. CPR with AED

*Continued on page 2*



# Lifesaving skills

Continued from front page

was initiated by his coworkers and when he got to our ER, he was alert, talking and neurologically intact. He went to the cath lab by helicopter and is living a full life today.”

“You do not see that very often,” said Porter, who in addition to being an instructor has worked in the ER at PRH for over 10 years. “Usually by the time we see them (a cardiac episode victim) in the ER, they have been down for a long time and the outcome is not good. The outcome was good in this case, because those lifesaving measures that we taught in that class were initiated immediately. It was rewarding to see.”

“These first moments are crucial and that’s our goal; to get people to act sooner and not be intimidated about performing CPR or using an AED,” said Price. “The priority when someone has a heart incident is for someone to get on the chest right away, do compressions and get help. We teach them to act versus doing nothing.”

Porter stresses that the training is something everyone should have regardless of their age. “In the time during COVID it was a trying time for healthcare workers, and it goes back to why we do what we do and we made a difference,” she said. “Your employees are a team and a family. How would you feel if this was your family member? You would want someone to respond, to react, to initiate those lifesaving measures.”

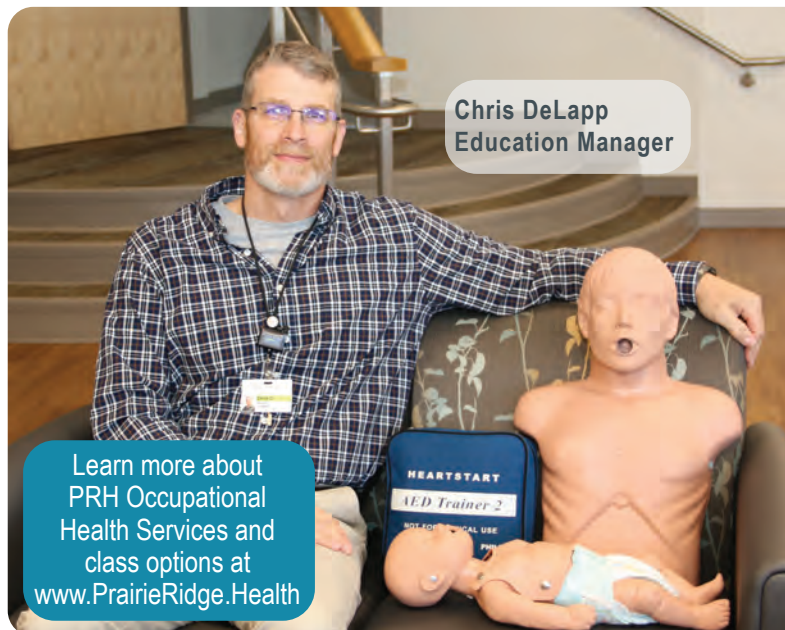
In his 19 years of teaching CPR, Chris DeLapp, Education Manager at PRH, has trained over 1,000 individuals. In addition, he has trained and coordinated the certification of 11 trainers that provide instruction to community members, healthcare workers, and individuals onsite at area companies.

During COVID, DeLapp had to come up with other methods to teach CPR to healthcare workers so that certifications were kept up to date. “We did cyber classes, utilizing cameras, smart phones and substituting manikins with a couch pillow. Training didn’t stop, the delivery method was altered,” he explained. “We improvised, we adapted, we overcame.”

DeLapp said that there are common reasons for laypersons to not want to perform CPR on a stranger. “They don’t want to hurt the victim, lack of self-confidence, they don’t know if they can do it in a real situation,” he said. “It’s our job as instructors to change their mindset, teach them that they are there to provide an opportunity for the victim to survive and that if they do nothing the survival rate is 0%.”

**Business leaders may contact the Occupational Health Department for training and other occupational health services. Community members may contact Chris DeLapp by email, phone or online to schedule an individual class or group session. CPR and AED is also taught in the SafeSitter program, in which DeLapp and his instructors have trained over 700 SafeSitters.**

“It’s a privilege to work with our community and our businesses to prepare them and give them the knowledge, skills and confidence they need to respond,” added DeLapp.



Chris DeLapp  
Education Manager

Learn more about  
PRH Occupational  
Health Services and  
class options at  
[www.PrairieRidge.Health](http://www.PrairieRidge.Health)

## Occupational Health Services at Prairie Ridge Health

### Health and Wellness

- Alcohol & Drug Testing
- Body Composition Screenings
- Complete Health Risk Assessments
- Diabetes Education
- Individual & Group Nutrition Education
- Glucose Screenings
- Lipid Profile
- On-Site Blood Pressure Screening
- Tuberculosis Testing

### Education Training

- CPR/First Aid Training
- Stop the Bleed
- Tobacco Cessation
- Other Education

### Vaccinations

- Flu Vaccination
- Hepatitis B Vaccination
- Hepatitis B Vaccination Titer
- COVID-19 Vaccination & Boosters
- Other vaccinations available on request*

### Occupational Health

- Audiograms
- CXR (Chest X-Ray)
- DOT Physicals
- EKGs
- Ergonomic Work-Site Assessments
- Pre-Placement Job Specific Evaluation
- Respiratory Mask Fit Testing for N95 Mask
- Work Conditioning

**For more information or to create a customized program, call 920.623.6432.**

# A message from

John Russell, President/CEO



Continuity of care, access to care, and quality of care for our community was our focus in 2022 as we expanded our clinics, providers, and services.

Our Beaver Dam Clinic, now located at 134 Corporate Drive, just off Hwy 151 and Industrial Drive in Beaver Dam, is the home of seven providers with specialties in family medicine, general surgery, obstetrics and gynecology, diabetes education, nutrition therapy, physical and occupational therapy, and orthopedics.

We answered the call from our patients and caregivers for the addition of dermatology, psychiatry, and additional family medicine providers. As a result, we added seven new providers to our Columbus Clinic and one to our Beaver Dam Clinic.

Our education team found new pathways to provide lifesaving training for our own team and others with the addition of the Luna Infant Resuscitation Manikin. We expanded our efforts to provide Basic Life Support and First Aid training to companies in our service area to assist our business community in meeting safety guidelines for their workers.

On May 13 of this year, we welcomed community members to tour our newly renovated spaces including our Rehabilitation Services area, our Ridge Café, our Columbus Clinic and the dedicated space for our Cardiac Rehabilitation Program. With the knowledge and support of our hospital and foundation boards, we will continue to embark on new opportunities to provide better access to care, providers and services.

For over a century, our healthcare team has been there for our communities, and through it all, our communities have been there for us. It is a privilege to care for you and your family.

Yours in good health,

*John Russell*

John Russell  
President/CEO

## 2023 Rural Health Ambassador Award Recipient

Congratulations to Angi Genco, Physical Therapist at Prairie Ridge Health and recipient of the Rural Wisconsin Health Cooperative (RWHC) 2023 Rural Health Ambassador. The award recognizes health care employees at RWHC hospitals who have gone above the call of duty in promoting their respective organizations, while making significant contributions to rural health.

“Angi embodies the mission of rural health care through relationship development and a true passion for helping others maximize their individual health and wellness” said Kevin Wait, PT, PRH Rehabilitation Services Manager.

Genco has served Columbus and the surrounding communities for 19 years. During this time she has served on a number of committees and assisted with and provided educational presentations at community events including youth career programs, women’s events, senior health and fitness events and serves on the hospital’s employee wellness squad. In addition, she oversees the well-being of youth athletics in the Columbus community, providing emergency response coverage and injury prevention programming.

“Angi regularly mentors the next generation of physical therapists and facilitates high school and undergraduate student shadowing experiences to provide a glimpse into the daily life of a rehabilitation professional. Outside of the hospital, she actively participates in the community, serving in various athletic and wellness roles including as Treasurer of the Columbus High School Athletics Booster Club,” added Wait. “She is requested by name consistently in our rehab department because of her wealth of knowledge, contagiously positive attitude, and ability to build caring relationships while helping people achieve their goals. She truly epitomizes a rural health care ambassador.”



## AARP Smart Driver Course

Thursday, September 21 at Prairie Ridge Health  
10 a.m. – 2:30 p.m. *(lunch included)*

**AARP members - \$20 Non-AARP members - \$25**  
**Payable the day of class**  
To register contact Chris DeLapp  
920.623.1276 or [cdelapp@prairieridge.health](mailto:cdelapp@prairieridge.health)

When you take the AARP Smart Driver™ course, you could be eligible for a multi-year discount on your auto insurance.\* The course teaches proven driving techniques to help keep you and your loved ones safe on the road including:

- Important facts about the effects of medication on driving.
- How to reduce driver distractions.
- How to maintain the proper following distance behind another car.
- Proper use of safety belts, air bags, anti-lock brakes and new technology found in cars today.
- Techniques for handling left turns, right-of-way, and roundabouts.
- Age-related physical changes and how to adjust your driving to compensate.

*\*Check with your insurance carrier regarding this discount.*



## Club Scrub Summer Camp

**August 17th at Prairie Ridge Health**  
**9 a.m. to 3 p.m.**

An educational experience for 7th and 8th grade students interested in pursuing a career in healthcare.

To register contact Chris DeLapp  
920.623.1276 or [cdelapp@prairieridge.health](mailto:cdelapp@prairieridge.health)

## Parkinson's Support Group

Last Thursday of every month  
11 a.m. to 12 p.m.

at Prairie Ridge Health

Stop at the main registration desk for assistance.

This group will provide resources and compassion for those with Parkinson's Disease and their caregivers. We hope to work together to manage symptoms, increase strength, power, speed, and enhance overall mobility and quality of life.

Led by Physical Therapists from the PRH Rehabilitation team

Call 920.623.1430 for questions or more information.

## Women's Self Defense Class

Tuesday, August 22 at Prairie Ridge Health  
5:30-7:30 pm.

\$20 per person

Registration is required.

Participants are encouraged to wear clothing they are comfortable moving in and sneakers.

To register please contact Chris DeLapp  
920.623.1276 or [cdelapp@prairieridge.health](mailto:cdelapp@prairieridge.health)

Payment is required at the time of registration.



\*CDC recommended guidelines are being followed for all classes.

## Basic Life Support Programs

### Heartsaver CPR & AED

The American Heart Association Heartsaver CPR course teaches lay rescuers how to recognize and treat life-threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. Students also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. This program is designed for first-time students and renewal students.

Cost: \$45

*\*Online option available for certification*

### Heartsaver First Aid

The American Heart Association Heartsaver First Aid class provides the skills to effectively assess and maintain life from the crucial minutes immediately following an emergency until the arrival of emergency medical services personnel. The course also provides corporations with the complete health and safety training solution, First Aid, CPR and AED. The course was developed using the same evidence-based process as all American Heart Association Emergency Cardiovascular Care courses.

Cost: \$45

## Alzheimer's Support Group

Second Thursday of every month  
10 a.m. at the Columbus Community Center

For more information contact Chris DeLapp  
cdelapp@PrairieRidge.Health or 920.623.1276

## Diabetes Support Group

The Diabetes and Wellness Support Group provides education, fellowship, and support to help you better manage your diabetes and lead a healthier lifestyle. You do not need to have diabetes to attend - friends and families are always welcome!

For more information contact Rachel Selm.

rselm@PrairieRidge.Health or 920.623.1293

## Childbirth & Baby Care

We welcome you and a partner or support person to join our Women's and Childbirth Services nurses for a one-day class to prepare you for the birth of your baby and your first weeks at home with your little one.

The class is designed to provide an overview of essential birth and newborn care concepts. During the course, you and your partner will review stages of labor, labor positions, relaxation techniques, medical procedures and pain management. Our lactation consultant will lead the breastfeeding and newborn care portion of the class, in which you will learn tips to help you and your baby get a great start to breastfeeding to ensure long-term success!



**We recommend taking the course 4-8 weeks prior to your due date.**

Did you know? We have a lactation consultant to assist you with questions regarding breastfeeding your baby. To learn more call 920.626.2347 or email jyoung@PrairieRidge.Health.

### Siblings Class

This special class is designed for children expecting a new sibling. Your child or children will learn about new babies and how they can help with their new brother or sister. Children will get a chance to meet the staff and tour the rooms.

**FREE**

Call for class dates and to register.

**To schedule a tour of our birthing suites, please call 920.623.1299 or email rsvendsen@PrairieRidge.Health.**

To register for any of our childbirth classes and for class cost information, contact our Education Department at 920.623.1276.

Save the Date

## Diabetes Awareness Event

### November 8 at Prairie Ridge Health

Educational sessions, refreshments, and more!

Watch our website and Facebook page for more information.

[www.prairieridge.health](http://www.prairieridge.health)

# Welcoming

## Carolyn Reabe, MD - Psychiatry

**Carolyn Reabe, MD** is a psychiatrist who joined the Prairie Ridge Columbus Clinic in Fall, 2022. Dr. Reabe grew up in Brookfield, WI and chose UW-Madison for her undergrad. “When selecting my courses, I could not get into the chemistry class that I wanted, so I chose a Russian Language course for fun. I ended up really liking it and went on to major in Russian Language and Literature in addition to Pre-Med,” she said.

She then traveled to Oklahoma to attend medical school and complete her psychiatry residency. “I really liked the first and second year of behavioral medicine courses and during my rotations found that I enjoyed talking to people and hearing about their life. I like hearing a person’s life story and how they cope.”



Dr. Reabe worked in Tulsa, practicing inpatient and outpatient psychiatry for about 5 years before returning to Wisconsin. In 2008 she started an outpatient psychiatry practice in Sheboygan. In the Fall of 2022, she joined Prairie Ridge Health in Columbus.

Dr. Reabe explains that Inpatient Psychiatry is for people who are ill with acute safety issues, such as suicidality or severe depression and need a higher level of psychiatric care.

Outpatient Psychiatry is for people who need medication treatment or psychotherapy but are stable enough to live at home.

“In outpatient care, I’ve gotten to have long-term relationships with my patients,” said Dr. Reabe. “For some patients I have seen them every 3 to 6 months for the past 14 years. I know their life story and now the rest of their life story. I get to see people get better, get married, have children, grow old with their spouse, go back to work. I enjoy the continuity of care with the patient.”

Dr. Reabe is board certified through the American Board of Psychiatry and Neurology. She sees patients ages 18 and up at Prairie Ridge Health in Columbus. Each patient completes a thorough intake questionnaire over the phone before scheduling an appointment. The information is reviewed to determine if treatment is needed. From there, an in-person intake visit is scheduled. “During this 45-minute visit we go over medical history, social history, and complete a comprehensive evaluation,” said Dr. Reabe.

On the second visit, a treatment plan is determined. Patients are seen once a month to start, then every three to six months.

Dr. Reabe is one of two psychiatrists at Prairie Ridge Health. Sean Ackerman, MD, is a psychiatrist who sees youth ages 5 to 22. “It’s unique to have a small town that has two psychiatrists,” said Dr. Reabe. “It’s a blessing for Columbus to have two psychiatrists who are ready to take care of the community.”

In her free time, Dr. Reabe enjoys exercising (she was a yoga instructor for five years), travel, the outdoors, water sports, and spending time with her family.

**For more information or to schedule an appointment with Dr. Reabe call 920.623.2200 or visit [www.prairieridge.health](http://www.prairieridge.health).**



# Sean Ackerman, MD - Psychiatry

Sean Ackerman, MD is a psychiatrist who joined the Prairie Ridge Health Columbus Clinic in Winter 2022. Dr. Ackerman, who sees children and young adults ages 5 to 22, received a Bachelor of Fine Arts at New York University and completed medical school at the University of Washington School of Medicine in Seattle. He completed a psychiatry residency and fellowship at the University of Vermont in Burlington and is board certified through the American Board of Psychiatry and Neurology.

Dr. Ackerman originally wanted to pursue a career in film. "I went to film school but soon after realized I did not want to spend my life in the film industry. I was making independent films and had a job as a one-to-one aid with a boy who had autism.

"It changed the way I saw the world. I was inspired by him. I spent a year at the Washington Autism Center. It seemed like it was the psychiatrists that had a role in Autism care that made the most impact."

Dr. Ackerman worked in both an inpatient and outpatient setting before coming to Prairie Ridge Health, where he specializes in child psychiatry. "It is uplifting to do this type of work, because most of the time people get better. It's a privilege to be able to sit with people during a time that is one of their most difficult times of their life, and for them to trust you and be open with you. It's wonderful to get to know them because in this setting, they give you their true self, which is incredible."

Dr. Ackerman's approach to psychiatry is based on the Vermont Family Based Approach, which emphasizes health and positive lifestyle changes. "Children are deeply affected by their environment. You need to do your best to change their lives and the environment around them. While medications are sometimes helpful, they are not everything. Exercise, sleep, screen time, mental health, community involvement and school all play a role in improving emotional and behavioral health."

Dr. Ackerman met his wife, Dr. Elizabeth Zeeck in medical school. They moved to the Madison area to be closer to family. In his free time, he enjoys spending time outside with his family and watching movies.

**For more information or to schedule an appointment with Dr. Ackerman call 920.623.2200 or visit [www.prairieridge.health](http://www.prairieridge.health).**



## Lisa Courchaine

Licensed Clinical Social Worker providing personalized and creative therapy to children, adolescents and adults.

BA - University of Wisconsin Stevens Point – Stevens Point, WI  
MSW - University of Wisconsin Madison, WI

For the first 10 years of her career, Lisa has had the privilege of walking alongside amazing teens and families

as a therapist in a variety of treatment settings including residential, inpatient, and intensive outpatient. She is passionate about providing personalized and creative therapy while at the same time weaving in foundational modalities of Dialectical Behavioral Therapy and Cognitive Behavioral Therapy. Lisa continues to be inspired by those she has the honor of working with.

In her free time Lisa enjoys connecting, exploring, and creating. She also loves music, movies, fashion, and art.

**For more information or to schedule an appointment with Alena or Lisa, call 920.623.2200 or visit [www.prairieridge.health](http://www.prairieridge.health).**

## Alena Eichenseher

Licensed Clinical Social Worker providing personalized and trauma-informed therapy to children, adolescents and adults.

BA - University of Dayton Dayton, OH  
MSW - University of Wisconsin, Madison, WI

Alena has a diverse background in working with youth, adolescents, young adults, and families who are experiencing trauma, mood disorders, depression, anxiety, ADHD, and more. She offers evidence-based treatment centered on Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavior Therapy (TF-CBT), Attachment Regulation Competency (ARC), Dialectical Behavior Therapy (DBT), mindfulness, and movement-based therapy.

Alena believes in meeting each person's unique needs, working collaboratively and helping families find common ground from which to grow and recover.





*Introducing*

## Elizabeth Zeeck, MD Dermatology

**Elizabeth Zeeck, MD** is a dermatologist who joined the Prairie Ridge Health Columbus Clinic in Fall 2022. Dr. Zeeck received a Bachelor of Arts at the University of Puget Sound in Tacoma, Washington and completed medical school and an internship in internal medicine at the University of Washington School of Medicine in Seattle. She completed a residency in dermatology, where she was chief resident, at the University of Vermont. She is board certified through the American Academy of Dermatology.

Dr. Zeeck grew up in Billings, Montana. In middle school, she saw a movie about doctors that piqued her interest in pursuing the profession. Toward the third year of medical school, she decided what specialty she wanted to pursue. She really liked Family Medicine, as well as Surgery, and Dermatology seemed like a nice mix of the two.

Dr. Zeeck enjoys being a generalist, where she can see patients of all ages. "Dermatology requires a lot of problem solving and investigation. I enjoy the continuity of care, getting to know my patients and having conversations about their lives. From treating eczema and rashes on infants to skin cancer excisions on adults, there are no age limits. My oldest patient was 100 years old."

When asked about her favorite aspect of being a dermatologist, she said "I really like procedures, as they give me another chance to learn about the patient. I like the problem-solving aspect of the specialty. Sometimes we can diagnose things by just reading the chart. If there is anything we can't do here in the clinic treatment room, we send them to our surgeons or to an area specialist."

Dr. Zeeck met her husband, Dr. Sean Ackerman in medical school. They moved to the Madison area to be closer to family. In her free time, Dr. Zeeck loves to be outdoors, visit Montana, exercise, read and spend time with her family, including her dog.

**To make an appointment with Dr. Zeeck,  
call 920.623.1200.**

# Giving

## to the Prairie Ridge Health Foundation

The Prairie Ridge Health Foundation supports the hospital's mission through the distribution of funds to various hospital programs and services. Funds are generated through donations, both monetary and in kind. PRH Foundation donations made the following possible in 2022:

- **New Inpatient Bedside Tables** for hospital-wide use  
To improve patient experience with easy to use bedside tables.
- **Luna Newborn Resuscitation Manikin**  
for Childbirth Services  
For newborn resuscitation and other lifesaving skills training for PRH team members and providers.
- **Construction of Cardiac Rehab Nurses Station**  
for Cardiac Rehabilitation  
To create an efficient workstation to house the new Cardiac Monitoring system and PC Workstation.
- **Continuous Monitoring System** for Cardiac Rehab  
To allow the nursing team to continuously monitor vitals of Cardiac Rehab patients.
- **Three EKGs** for hospital-wide use  
To create continuity amongst all departments while using EKGs to monitor, track and document a patient's heart electrical signals.
- **Car Seats** for OB patients in need  
Through DOT Grant funds, we are able to ensure safe transportation of the newest of lives.
- **Site-Rite Prevue Ultrasound\*** for Emergency Department  
To be used for peripheral vascular access and improve the success rate of starting an IV.
- **Sara Stedy\*** for Rehabilitation Services & Medical/Surgical Dept.  
To improve the ease and safety of patient transfers.
- **Two Braun Nerve Stimulators\*** for Anesthesia  
To assist in the Pain Management blocks for surgical patients.
- **10 Nurses Station Chairs\*** for Medical/Surgical Dept.  
To improve ergonomics for the nursing team.
- **HEPA Cart\*** for Maintenance  
To contain particles being released into the air during maintenance throughout the facility.
- **Hunger Care Program** for Diabetes Services  
To provide fresh, healthy food monthly for diabetic and pre-diabetic patients who have been identified as food insecure.
- **Helping Hands Program**  
A Grateful Patient Program that encourages patients and visitors to recognize team members who have gone above and beyond.
- **Dental Health Supplies** for Flu Kits for the ER  
To provide patients who present with the flu new toothbrushes, toothpaste and floss.
- **Wig Program** for Cancer Navigation Program  
To provide wigs for patients undergoing cancer treatment.
- **Mammography & Biopsy After Care Kits**  
With help from our local high school volleyball, football, and basketball teams.
- **Nursing Scholarships** for employees and high school students entering or furthering a nursing career.
- **Emergency Patient Assistance Funds**  
To assist patients with emergent needs, such as transportation, clothing, etc.
- **Growth of the Endowment**  
PRH Foundation endowments: general endowment, women's health endowment, infrastructure and equipment endowment, and community education endowment.

\*Purchased through team member donations made to our Employee Giving Program.



# Gifts

## TO HELP US GROW

This section is devoted to recognizing those who contribute so generously to the Prairie Ridge Health Foundation. Your gifts are needed and sincerely appreciated. Every effort was made to assure an accurate listing. The following gifts were received from December 1, 2022 - May 31, 2023. In the event of an error, please contact the PRH Foundation Office at (920) 623-1370.

### *Given To:*

### *Fund Destination:*

**In Honor Of:**  
Given By:

### [Amanda Murphy Memorial Scholarship Fund](#)

**Prairie Ridge Health**  
Madison Emergency Physicians  
John & Rose Russell

### [Audio Booth Occupational Health](#)

**Prairie Ridge Health**  
Anne Donahue  
Trap Shoot Supporters – 2023

### [Cancer Navigation](#)

**Breast Health**  
Poynette High School Athletics

### [Equipment/Infrastructure Endowment](#)

**Prairie Ridge Health**  
Cramer Family Foundation

### [Greatest Need](#)

**Dorothy Hasey's 90th  
Birthday**  
Jerry & Roberta Schaefer

**Prairie Ridge Health**  
AmazonSmile  
Duke Energy Business Services  
Kyle & Tina Ellefson  
Sandra Haack  
Judith Robbins  
Janice Ulrich

### [Pulmonary Function Testing Equipment](#)

**Prairie Ridge Health**  
Adams-Columbia Electric Coop  
Glenn & Shirley Andler  
Larry & Lori Bartruff  
Bill Daley  
Columbus Chemical Industries  
Columbus/Fall River Sno-Blazers  
Green Bay Packers Foundation  
Robert & Janet Groh

### [Pulmonary Function Testing Equipment](#)

**Prairie Ridge Health**  
Curt & Linda Hanson Family  
Bevalee Hilbert  
Ruth Juech  
Dr. Rolf & Aline Poser  
John & Dorothy Priske  
Dr. Mark & Devra Rich  
Russ & Betty Rahn  
Ed & Pat Schellin  
Nick & Tessie Sharrow  
Richard & Carol Valley  
Dr. James & Lorna Will

### [Stress Test Equipment](#)

**Prairie Ridge Health**  
Toasts & Tastes Supporters – 2023

### [Volunteers of PRH Scholarship Fund](#)

**Prairie Ridge Health**  
Jan Ulrich  
**Emogene Johnson 90th**  
The Step Sisters

### *Given To:*

### *Fund Destination:*

**In Memory Of:**  
Given By:

### [Amanda Murphy Memorial Scholarship Fund](#)

**Shirley Johnson**  
Dorothy Hasey  
Family & Friends of Shirley  
Johnson  
Mary Clare Schey  
Marlys Weihert

### [Breast Health](#)

**Jeanita Oliver**  
Royal Neighbors of America –  
Doylestown/Rio

### [Cancer Navigation Program](#)

**Lorraine Fischer**  
LaVern & Mary Fischer

**Jeanita Oliver**  
LaVern & Mary Fischer

**Pauline Zeier**  
LaVern & Mary Fischer

### [Cardiac Rehab](#)

**Judith Vick**  
Family & Friends of Judith Vick

### [Diabetes Services](#)

**Judith Vick**  
Family & Friends of Judith Vick

### [Greatest Need](#)

**Jennifer Batz**  
Bob & Carol Black  
George & Janet Roberts

**Robert Bookhout**  
Dorothy Hasey

**Elaine Bostad**  
Ray & Judy Marks

**John Gaska**  
Jerry & Kathy Andler  
Dr. James & Elizabeth Beck  
Dr. William Becker  
Bob & Carol Black  
Phillip & Linda Breuckman  
Bernard Conlin  
Joan & Jeff Coughlin  
Millie & Norm Derick  
Mary Derr  
Brigitte Firari  
Helen Gehrke  
Karen & David Gerber  
Daniel & Marjorie Groh  
Kenneth & Bonnie Guenther  
Curtis & Linda Hanson  
Bill & Katie Hermann  
Milan & Cheryl Jelic  
Laurie Kirchberg  
Dale & Joey Kranz  
Erwin & Magdalena Kutzik  
Wilma Lenz  
Bruce & Deloris Link  
Larry & Sherry Quamme  
Jason & Katie Riley  
Joe & Marie Roche  
Jim & Tricia Rocole  
Pamela Sanderson  
Eugene & Suzanne Salzwedel  
Cindy Schoenwetter  
Bernard & Genevieve Setz  
Don & Wanda Schultz  
Waupun Veterinary Services  
Al Strohschein & Kathryn Hoch  
June Waterworth  
Weiland Dairy Farm

**Shirley Johnson**  
Sheila Hayes Worthen  
& Phillip Worthen

### [Greatest Need](#)

**Robert Lewke**  
Bernard Conlin

**Donna Lienke**  
Dorothy Hasey  
Nancy Kind  
Eleanor Schulze  
Vicki Schulze

**LaVerne Linde**  
Dorothy Hasey

**Linda Madsen**  
Dorothy Hasey

**Sharon McCormick**  
Jerry & Roberta Schaefer

**Diana McNicol**  
George & Janet Roberts  
Sheila Hayes Worthen  
& Phillip Worthen

**Jeanita Oliver**  
Donald & Joan Wentland

**Carol Pare Kronn**  
George & Janet Roberts

**Tina Pacheco**  
Dorothy Hasey

**Norman Peck**  
Dorothy Hasey

**Joseph Powers**  
Jim McCaffery  
Robin & Don McCaffery  
Robert & Luann Rake  
Don & Joanne Weidemann

**Barbara Pribbenow**  
Dorothy Hasey

**Sharon Salzwedel**  
Lynn Annen  
Ray & Judy Marks

**Earl Steinhorst**  
Bernard Conlin

**Dean Stowell**  
Sheila Hayes Worthen  
& Phillip Worthen

**William Wendt**  
Jerry & Roberta Schaefer

*Thank you*

# Gifts

Gifts received after May 31, 2023 will be printed in the next issue of the hospital newsletter.

Visit **PrairieRidge.Health** for more information or contact Kristi Line at 920-623-1370 or [kline@prairieridge.health](mailto:kline@prairieridge.health)

For more information visit [www.PrairieRidge.Health/Donate](http://www.PrairieRidge.Health/Donate)

## Given To/

## Fund Destination:

### In Memory Of:

Given By:

### Greatest Need

#### Carol Valley

William & Kaylen Betzig

#### Pauline Zeier

Stacy Dahnke  
Dr. Bruce & Pamela Kraus  
Dennis & Andrea Tamminga  
Dorothy Wiessner  
Family of Pauline Zeier

### ICU

#### Pauline Zeier

Family of Pauline Zeier

### Hunger Care Program

#### Donna Miller

GD Roberts & Co., Inc.

### Volunteers of PRH

### Healthcare Career

### Scholarship Fund

#### Rich Brouillard

Dr. Bruce & Pamela Kraus

#### Shirley Johnson

Family & Friends of Shirley Johnson

#### Sharon McCormick

Sally Price

#### Donald J. Schey

Mary Clare Schey  
Family & Friends of Donald Schey

#### William Wendt

Dr. Bruce & Pamela Kraus



*Join Us* for a **FREE**  
**Estate Planning Seminar & Luncheon**  
**Be Proactive In Defining Your Legacy**

Join Attorney Charlie Eggert & Edward Jones Financial Advisor, Ryan Russell to learn about The Basics of Estate Planning, Probate, and Charitable Giving

**Tuesday, September 19, 2023**  
**10:00 am - 1:00 pm**  
Farmers & Merchants Union Bank  
Rio Branch  
575 S Lowville Rd, Rio, WI 53960

To reserve your seat, please contact Kristi Line at 920.623.1370 or [Foundation@PrairieRidge.Health](mailto:Foundation@PrairieRidge.Health)

[www.prairieridge.health/foundation/estate-and-planned-giving](http://www.prairieridge.health/foundation/estate-and-planned-giving)



**August 11**  
at Kestrel  
Ridge Golf  
Course  
in Columbus

Proceeds from this year's event will be used to purchase Stress Test Equipment for the Cardiopulmonary Department. As a rural hospital, it is imperative that we have state-of-the-art equipment so we can continue to provide our patients the highest quality of care, close to home. When it comes to matters involving the heart, having a modern, conveniently located facility truly saves lives.

### Registration is \$125 and includes:

- 18 Holes of Golf with Cart (single riders available for an additional fee)
- Free Driving Range
- Golfer Gifts
- Box Lunch
- Eligible for all Hole-in-One Prizes
- Eligible for all Flag Prizes
- After Golf Appetizer & Awards Event

### Register at

[www.eventregisterpro.com/GolfPRH](http://www.eventregisterpro.com/GolfPRH)

For questions or more information contact Kristi Line at [KLine@PrairieRidge.Health](mailto:KLine@PrairieRidge.Health) or 920.623.1370

**Sponsorships are available!**

- 8:30 - Registration & Silent Auction Opens
- 9:15 - Welcome & Rules
- 9:30 - Shotgun Start
- 2:30 - After Golf Event with Food
- 3:00 - Awards & Raffles Announced
- 4:00 - Auction Closes & Farewell