

*All it takes is
15 minutes!*

Did you know?

Risk factors for breast cancer
are not exclusively related to
family history.

80% of risk factors come from
your environment.

Only 66% of women in our
service area receive the
recommended yearly
mammogram.

Call TODAY
to schedule your
mammogram.
920-623-6466

Our breast health patient navigator is
ready to guide you through your
mammogram and diagnosis.

Our mammogram program
is MQSA-ACR certified with radiology
services provided by Madison
Radiologists, the largest
independent radiology group
in South Central Wisconsin.

I GOT MINE,
NOW I CHALLENGE YOU TO GET YOURS!



Do it for your loved ones.
It can save your life.



Health Lines

WELL INTO THE FUTURE

Summer 2017

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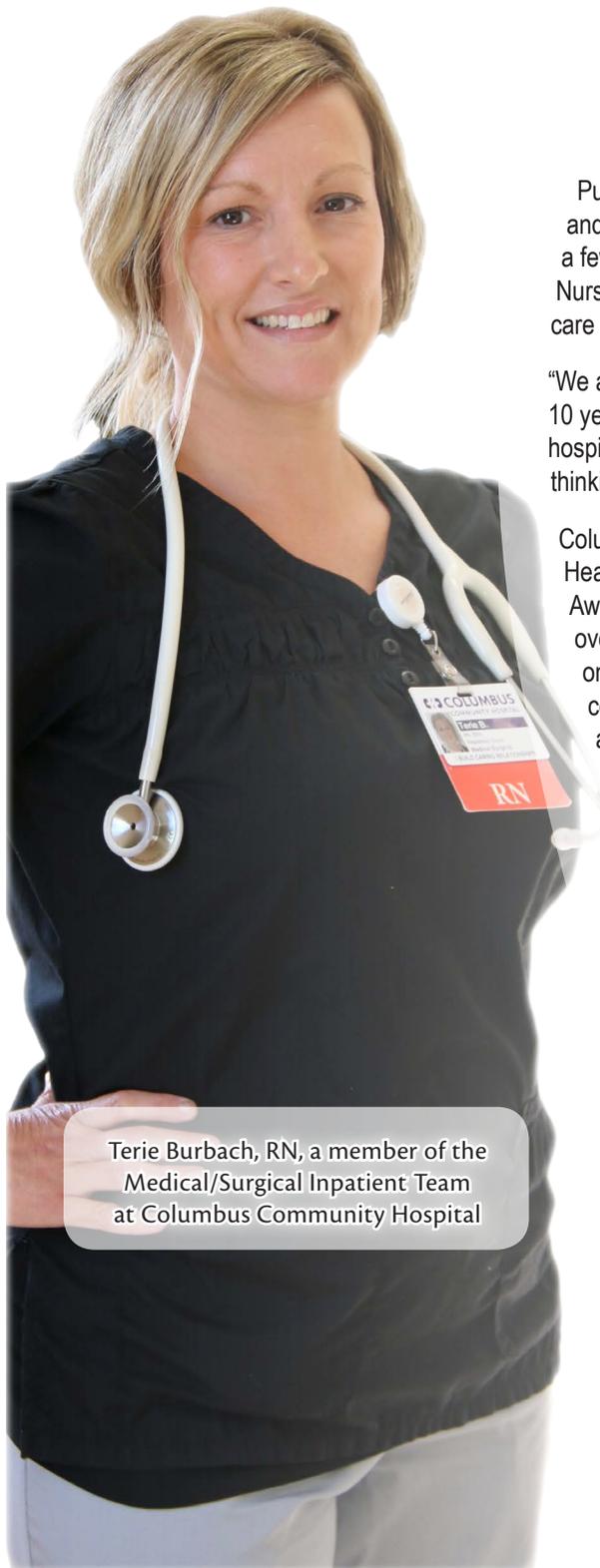
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ATTENTION! If you speak English, language assistance services, free of charge, are available to you. Call 3395.

ATENCIÓN! si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 3395.

LUS CEEV! Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 3395.

If you no longer wish to receive this publication please respond to pwalker@cch-inc.com or 920-623-1280.



Terie Burbach, RN, a member of the Medical/Surgical Inpatient Team at Columbus Community Hospital

Building caring relationships for a positive patient experience

Putting the patient first, teamwork, a family atmosphere, and the willingness to learn from one another, are just a few of the motivating factors at the top of Registered Nurse (RN) Terie Burbach's list for providing outstanding care to patients at Columbus Community Hospital.

"We are all family here," says Burbach, who will celebrate 10 years at CCH in January. "All of the departments at the hospital work together. When we work as a team we are thinking ahead and putting the patient first."

Columbus Community Hospital recently received the Healthgrades® 2017 Outstanding Patient Experience Award™ for being in the top 15% in the nation for overall patient experience. This achievement is based on patient survey results about doctor and nurse communication, hospital cleanliness and noise levels, as well as, medication and post-discharge care instructions.

"We help each other out and we all inform each other," added Burbach. "I know that when I ask a physician a question, they will take the time to teach me, because they enjoy teaching."

The award recognizes hospitals that provide an overall outstanding patient experience during a patient's hospital stay. Healthgrades® evaluates patient experience by applying a scoring methodology to 10 measures, from a 32-question survey of Columbus Community Hospital patients.

The methodology is based on the Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) and patient survey data from the Centers for Medicare and Medicaid Services (CMS).

Continued on page 2



Providing a positive patient experience

Continued from front page

"I think the improvement we've seen in patient satisfaction is a direct reflection of the team living out our mission of developing caring relationships with the patients we serve," said Rob Pasbrig, CCH Director of Quality, Risk and Patient Safety.

"I enjoy getting to know the patient," said Burbach, who has experienced positive patient care and teamwork in multiple departments at CCH throughout her decade at the hospital. She served as a CNA and Unit Coordinator in the Emergency Department and the Medical Surgical Unit, then completed her Preceptorship

Registered Nurse training in the Emergency Department before becoming an RN in the Medical Surgical Unit. In addition she cross trains to the Intensive Care Unit.

"When lab or x-ray and the nursing team are in a patient's room, we talk together as a group with the patient. I think this helps the patient feel more comfortable," Burbach explained.

Columbus Community Hospital joins an elite group of Wisconsin Hospitals, including Froedtert Hospital, Mayo Clinic, Meriter Hospital, St. Mary's Hospital, and University of Wisconsin Hospitals and Clinics to receive the award.

What is Healthgrades®? Healthgrades® transforms healthcare data into transparent information about physicians and hospitals so that consumers can make more informed decisions.

This isn't the first time CCH has received an award for patient experience. In 2016, the Columbus Community Hospital (CCH) Emergency Services Team received the Press Ganey Guardian of Excellence Award for patient experience. The Guardian of Excellence Award is given to organizations which have achieved and maintained a 95th percentile or higher in overall patient satisfaction throughout a 12-month period.

For more information regarding Columbus Community Hospital services, providers and clinics, visit www.columbuscommunityhospital.org or call 920-623-2200.

Congratulations

Matthew Niesen, MD, Orthopedic Surgery

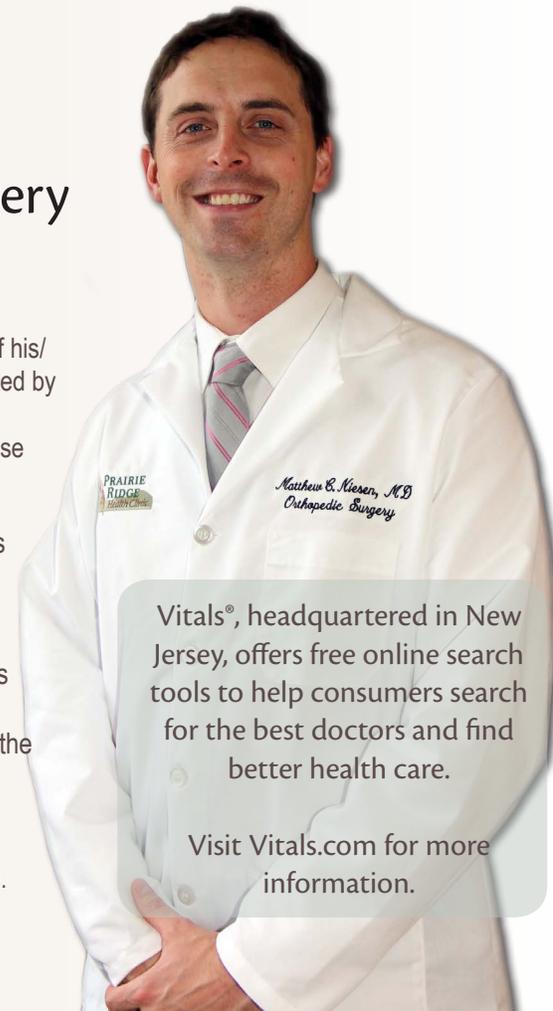
**For receiving the Patient's Choice Award from Vitals®
Awarded to less than 5% of all physicians nationwide**

The Patients' Choice Award, reflects the difference a particular physician has made in the lives of his/her patients. The honor is bestowed to physicians who have received near perfect scores, as voted by patients. Patients rate and review their physicians, through Vitals.com, based on criteria of care including bedside manner, doctor-patient face time, and degree of follow-up. Vitals® analyzes these ratings annually, along with other quality measures, to identify and award top physicians.

Dr. Niesen, one of only 2,078 orthopedic surgeons nationwide to receive the award, provides orthopedic services through the Prairie Ridge Center for Orthopedic Excellence and the Prairie Ridge Health Clinic, a service of Columbus Community Hospital.

He completed his Residency at the University of California, Los Angeles, where he served as Chief Resident and was honored with the Longmire Surgical Society Research Award. He then traveled to Phoenix, Arizona to complete his orthopedic training and Joint Fellowship at the Mayo Clinic, operating with some of the top orthopedic surgeons in the U.S.

Dr. Niesen sees patients at the Prairie Ridge Health Clinic in both the Columbus and Beaver Dam locations. For more information call 920-623-1200.



Vitals®, headquartered in New Jersey, offers free online search tools to help consumers search for the best doctors and find better health care.

Visit Vitals.com for more information.

A message from

John Russell, President/CEO



A community hospital can mean many things to many people. At Columbus Community Hospital it means that we have the privilege of supporting you through the many stages of your life by providing high quality care, access to exceptional providers, and wellness and education opportunities in an intimate setting so our focus remains on you – the patient.

Our team recently received the Healthgrades 2017 Outstanding Patient Experience Award for being in the top 15% of the nation for overall patient experience. The award is based on patient survey results about doctor and nurse communication, hospital cleanliness and noise levels, and medication and post-discharge care instructions.

We received this award, not only because of the exceptional performance of our team members, but because you took the time to tell us how we may improve our service to you and those you care about.

Our providers are accessible in three clinic locations through the Prairie Ridge Health Clinic in Columbus, Beaver Dam and Marshall, as well as the Dean Clinic, Larson Clinic and Poser Clinic in Columbus. From family practice and obstetrics to orthopedics and general surgery, and from internal medicine to specialty care, our team is ready to care for you through each stage of your life.

Visit our website at www.columbuscommunityhospital.org or stop in to see us and meet our team.

We look forward to caring for you.

Yours in good health,

John Russell

John Russell
President/CEO

November is

American Diabetes Awareness Month

Join us for a special event featuring fabulous diabetes-friendly food, resources from local agencies and vendors, information from hospital departments and clinics, and the opportunity to ask questions of your Diabetes and Nutrition Team at CCH.

Date to be announced.

Watch columbuscommunityhospital.org
and like us on Facebook. 

For more information call
the Columbus Community Hospital Nutrition Services at 920-623-1296.



Driver Safety Program

offered for those 50 and over

A Driver Safety Program for drivers age 50 and over will be offered on behalf of AARP and CCH on **October 25 from 9 a.m. to 2 p.m.** at the hospital in the Diamond Room.

Participants will learn the current rules of the road, defensive driving techniques, how to operate a vehicle safely in today's increasingly challenging driving environment, and how to accommodate common age-related changes in vision, hearing, and reaction time.

Those completing the class may be eligible to receive an insurance discount or a discount on roadside assistance plans.

Pre-registration is required. Contact Chris DeLapp at 623-1276.

Cost is \$15 for AARP members
(AARP membership card required)

\$20 for non-members

All books and materials are provided by AARP.
Coffee and lunch will be provided.

Join the Club Scrub Team at CCH One-day summer camp offered August 18

Taking a blood pressure, giving a shot to an orange, and inserting an IV in a teaching mannequin are just a few of the experiences Columbus Community Hospital (CCH) has created to attract young minds to consider a career in healthcare.

The Club Scrub Summer Program at CCH gives students the hands-on experience they need to make an educated decision about choosing a career in healthcare. This year's summer session is being offered on August 18 from 9 a.m. to 3 p.m. at Columbus Community Hospital.

The program, offered to public and private school seventh and eighth grade students, allows students to receive hands-on experience in six different areas. The one-day session features physicians and hospital team members who specializes in various careers in healthcare.

Youth interested in participating in Club Scrub at CCH the CCH Education Department by calling (920) 623-1276 or cdelapp@cch-inc.com.



Basic Life Support Programs



Heartsaver CPR & AED

The American Heart Association Heartsaver CPR course is modular and teaches lay rescuers how to recognize and treat life-threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. Students also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. This program is designed for first time students and renewal students.

Cost: \$45

Heartsaver First Aid

The American Heart Association Heartsaver First Aid class provides the skills to effectively assess and maintain life from the crucial minutes immediately following an emergency until the arrival of emergency medical services personnel. The course also provides corporations with the complete health and safety training solution, First Aid, CPR and AED. The Heartsaver First Aid course has been developed using the same evidence-based process as all American Heart Association Emergency Cardiovascular Care courses.

Cost: \$45

Cancer Support Group

For more information contact **Cathy Butterbrodt** at (920) 623-6434 cbutterbrodt@cch-inc.com.

The Columbus Community Hospital Cancer Support group meets every other month at the Columbus Public Library (223 James Street in Columbus) and is open to anyone dealing with cancer. Family and support members are welcome to attend.

FREE

Thursday, August 10
6 - 7 p.m.

Thursday, Oct. 12
6 - 7 p.m.

Thursday, Dec. 14
6 - 7 p.m.

Alzheimer's Support Group

An educational support group for family members assisting loved ones who have memory loss or dementia.

The group is a place where family members come to learn more about the disease; share tips, knowledge, and concerns; and discover resources and strategies that can help.

For more information contact Chris DeLapp at Columbus Community Hospital at 920-623-1276.

FREE

Thursday, August 10
10 a.m.

Thursday, Sept. 14
10 a.m.

Thursday, Oct. 12
10 a.m.

Thursday, Nov. 9
10 a.m.

Women & Childbirth Services

Two-Night Childbirth Class

Designed to provide an overview of essential birth and newborn care concepts, while being convenient for busy schedules. We recommend taking the course 4-8 weeks prior to your due date.

6 - 8:30 p.m. Two Consecutive Days

Call for class dates and to register.

Breastfeeding & Baby Care Class

Gain the confidence you need. Offered through our Women & Childbirth Services Department, the course will help you get a great start to breastfeeding and reviews the basics of newborn care. Mothers and partners are encouraged to attend.

6:30 - 8:30 p.m.

Call for class dates and to register.

Did you know? Columbus Community Hospital has a lactation consultant to assist you with questions regarding breastfeeding your baby. To learn more call 920-626-2347 or email jyoung@cch-inc.com.

Siblings Class

This special class is designed for children expecting a new sibling. Your child or children will learn about new babies and how they can help with their new brother or sister. Children will get a chance to visit the department, meet the staff and tour the rooms.

FREE

Call for class dates and to register.

To schedule a tour of the birthing and water birth suites, please call 920-623-1299 or email rsvendsen@cch-inc.com.



Visit our web nursery at www.columbuscommunityhospital.org look under Quick Links

To register for any of our CCH Women and Childbirth classes and for class cost information, contact our Education Department at (920) 623-1276.

PRAIRIE RIDGE *Health Clinic*

a service of Columbus Community Hospital, Inc.

Beaver Dam Columbus Marshall

www.prairieridgehealthclinic.com

Family Practice



Kris Braker, FNP
Family Practice

**Prairie Ridge Health Clinic -
Marshall**
301 West Main Street, Suite A
Marshall, WI 53559
Phone: 608-655-8181

General Surgery

Gary Galvin, MD
General Surgery

**Prairie Ridge Health Clinic
- Columbus**
A Department of
Columbus Community Hospital
1511 Park Avenue
Columbus, WI 53925
Phone: 920-623-1200



Internal Medicine

Bruce Kraus, MD
Internal Medicine

**Prairie Ridge Health Clinic -
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1511 Park Avenue
Columbus, WI 53925
Phone: 920-623-1200



**Craig Haberman
DO, FACOS**
General Surgery

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**Prairie Ridge Health Clinic -
Beaver Dam**
118 W. Maple Avenue,
Beaver Dam, WI 53916
Phone: 920-356-1000



Dawn Faust, APNP
Internal Medicine

**Prairie Ridge Health Clinic -
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Prairie Ridge Health Clinic is a provider for more than 50 insurance plans, including Unity, Dean Health Plan, Physicians Plus, WPS, Blue Cross Blue Shield, Employer's Health, The Alliance, WEA, and United Healthcare.

Meet

our providers

Connected

TO YOU AND THE COMMUNITIES WE SERVE

Obstetrics/Gynecology



Kate Skaggs, MD
OB/GYN

Prairie Ridge Health Clinic - Columbus
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Columbus Community Hospital
1511 Park Avenue
Columbus, WI 53925
Phone: 920-623-1200

Orthopedics



Robert Coe, MD
Orthopedics

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Prairie Ridge Health Clinic - Beaver Dam
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Phone: 920-356-1000



Andrew Tratar, PA-C
Orthopedics

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Erin Hills, APNP
Orthopedics

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